Poster
No #

Prototyping a mobile application for support self-management of people with chronic low back pain: a user-centered design study

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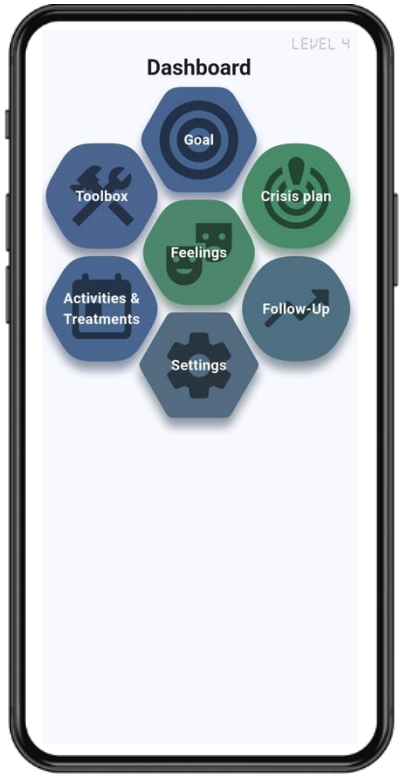
People living with CLBP need long-term support for self-management physical activity and pain

Prototype an mHealth app

Phase 1
Workshops with CLBP people and clinicians

Phase 2
Meetings with a patient expert and a clinician expert

Phase 3
Interviews with CLBP people and clinicians



Useful – Easy to use

➔ Personalization